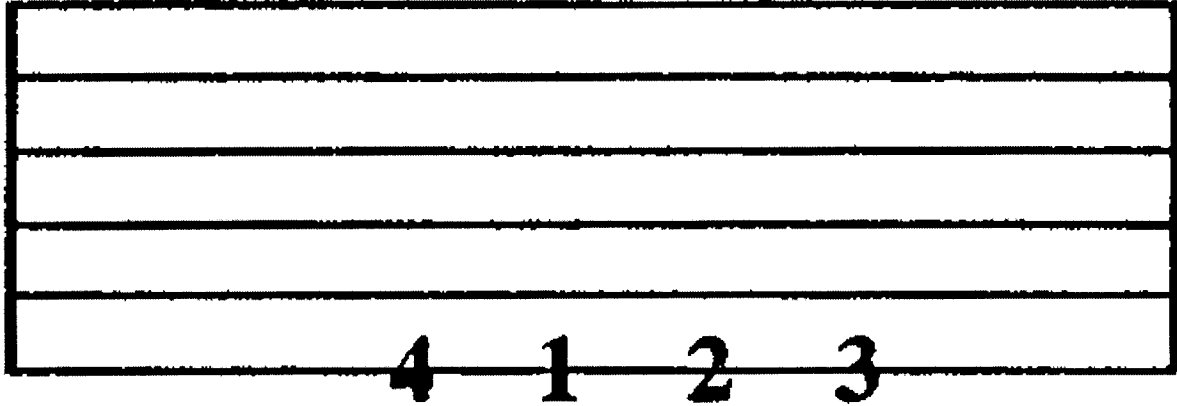


Daily Warm Up Intermediate Level

Study #7

Dexterity Exercise



Play on each string.

Use your 1st finger to play the notes on the 1st fret
Use your 2nd finger to play the notes on the 2nd fret
Use your 3rd finger to play the notes on the 3rd fret
Use the 4th finger to play the notes on the 4th fret

Set your timer and play the exercise for 1 minute

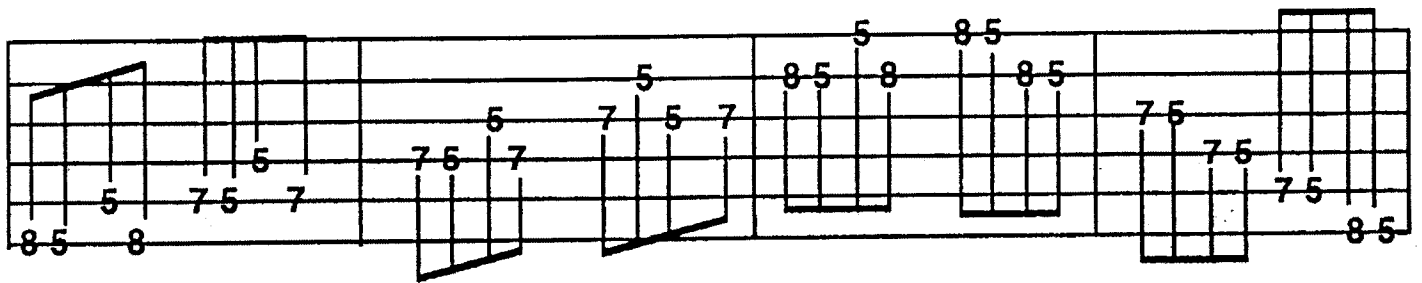
Memorizing the Guitar Neck

Play the “G” Note

String	Fret	
1	3	15
2	8	20
3	0	12
4	5	17
5	10	22
6	3	15

Set your timer and play the exercise for 1 minute

Minor Pentatonic Exercise

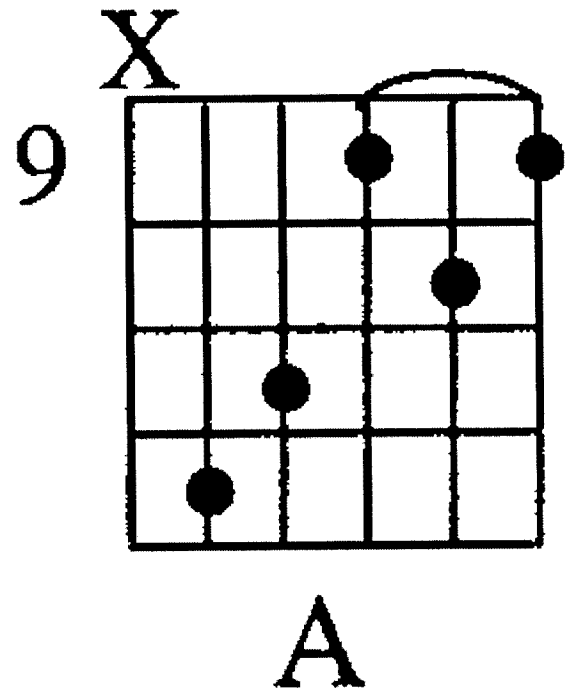
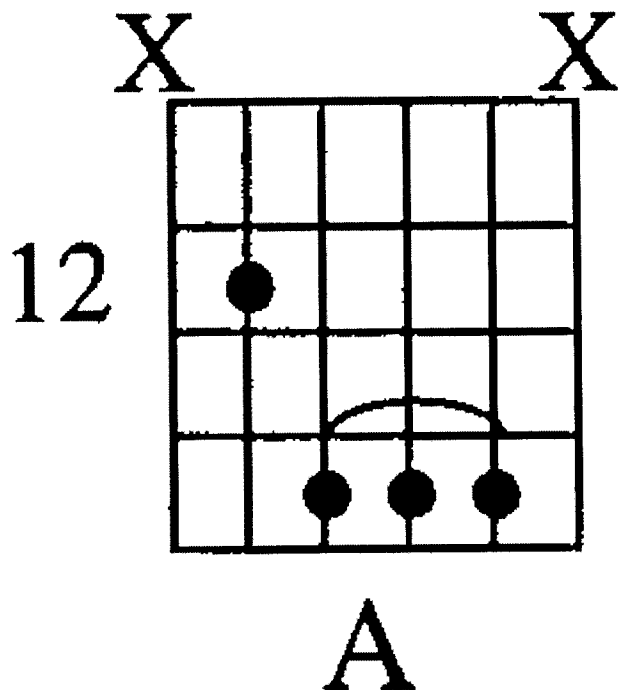


Use your 1st finger to play the notes which occur on the 5th fret

Use your 3rd finger to play the notes which occur on 7th fret

Use your 4th finger to play the notes which occur on the 8th fret

Chords



Strum each chord 4 times

Reading Notation

Whole Note



4 Beats

Half Note



2 Beats

Quarter Note

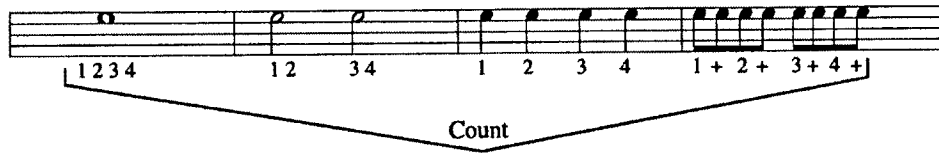


1 Beat

Eighth Note

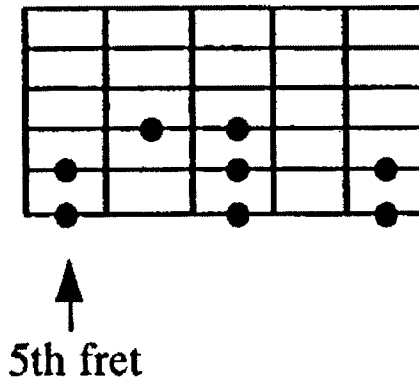


1/2 Beat



Scale Pattern

A Major Scale



Play through the scale at least 4 times. Start with your 1st finger on the 6th string 5th fret.

Consider starting the **Music Theory Course For Guitar Players**, or getting the next study suggested in your personal syllabus.

The **Music Theory Course For Guitar Players** is a guided step by step method of learning how and why things work the way they do.