

# INGE SILDNIK

**Hair:** Blond, **Eyes:** Blue, **Size:** 10, **Shoe:** 7

**Height:** 5'7 **Bust:** 86cm, **Waist:** 69cm, **Hips:** 96cm

Inge Sildnik has been involved in performing arts all her life. She began her professional career as contemporary dancer, but soon felt the need for a little more action and excitement and so moved into the world of film and television to work as a stunt actress. Inge's qualifications include horse riding, working with animals, martial arts, gymnastics and fighting, precision driving, water, aerial and height stunts. As a stunt actress, Inge has worked on many of Australia's best known and loved television shows, such as *Home and Away*, *Rescue Special Ops*, *All Saints* and *McLeod's Daughters*, as well as many international films like *Superman Returns*, *Wolf Creek*, *Son of the Mask*, *Black Balloon* and many more. Inge has a passion for performing and extreme sport and adventure and her work has taken her throughout Australia and overseas.



## CREDITS

### Feature Films

*The Great Gatsby*, *Superman Returns*, *Wolf Creek*, *Son of the Mask*, *Restraint*, *Dynasty*, *Stealth*, *Jessica*, *Various Tropfest films*, *Black Balloon*, *Razzle Dazzle*, *Gary Eck* - Short film.

### Television

*Dripping in Chocolate*, *Wild Boys*, *ABC Miracle In The Storm*, *Rescue*, *Home and Away*, *Gladiators*, *White Collar Blue*, *All Saints*, *Blackjack*, *Hell Has Water Views*, *60 Minutes*, *Small Claims*, *Out of the Blue*, *Sanctuary*, *Love my Way*, *McLeod's Daughters* and various other Foxtel and Fox 8 Shows.

### Commercials

*Codral cold and Flu*, *Toyota Rav 4*, *ANZ-The chase*, *Nokia*, *Westfield*, *Telstra Big Pond (& Full Print)* *Ultra U*, *St George*, *Lifesavers*, *Opel Car*, *Vodafone*, *Toyota*, *AAMI*, *Rosemount*, *KFC*, *Star City*, *Preen*, *Lipton Ice Tea*, *Carlton Dry*, *3 Mobile*

### Live Shows

*Marie Claire fashion awards*, *Australian Dance Festival*, *Woodford Festival*, *Dance*, *Hair and Modeling Shows*. *Decathlon – Fitness Modeling*

### Skills / Hobbies

Horse riding –bareback, vaulting, dressage, jumping

Dance Training (Contemporary, Ballet, jazz)

Martial Arts – first black tip (kung fu) sword and long pole

Gymnastics

Abseiling

Trapeze and aerial work

Skydiving – A, B, C and starcrest licence.

Scuba diving – Advanced Open water licence

Boat and PWC licence

Water Skiing & Snow skiing

Motor Vehicle – Level 1 and 2 advanced driver training (Ian Luff), level 1 film set driving certificate (Mick Van Moorsal), Rally car training (Mark Haybittle), track days Wakefield Park, level 2 speed CAMS licence

Full road bike licence, and side car experience

### Education / Professional Qualifications

Certified Stunt Performer – Media Entertainment and Arts Alliance

NIDA – Short courses in acting and Presenting for TV, Max Rowley Media Academy – TV Presenting

Tony Higginbottom Casting – Presenting course.

Certificate IV Master Trainer (personal Training – Australian Fitness Network 2002) Certified Pilates Instructor

Diploma in Sports Therapies (Nature Care College 2002)

Bachelor of Arts – Dance, University of Western Sydney Cert 2,3 and 4 Companion Animal Studies Currently Studying Master of Arts in Journalism