

Shoulder and Elbow: Evidence, Research & Experience

a clinically focused
one day seminar & workshop

centred on
recent evidence based research
and expert clinical practice

Sessions on rotator cuff pathology, shoulder instability and lateral epicondylalgia.

Speakers to include: Dr Pritpal Bansi, Dr Leanne Bisset, Assoc Prof Karen Ginn, Dr Sally Hess, Dr Kevin Huang, Mark Kenna, Mary Mitchell, Assoc Prof Bruce Rawson, Professor Bill Vicenzino and Joel Werman

Brisbane Saturday 27 August
Royal Brisbane and Women's Hospital

To register or for more information

Email
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Phone 07 3256 4001

sepa **
Shoulder & Elbow Physiotherapists Australasia

SEPA Seminar Day 27th August 2011 Outline

8.00 **Registration - Edwin Tooth Lecture Theatre, RBWH Education Centre**

8.30 Welcome - Sally Hess

8.35 Instability Session

Dr Pritpal Bansi - Surgical Considerations for the Unstable Shoulder

8.55 Mary Mitchell - Consensus Rehabilitation for Arthroscopic Anterior Stabilisation

9.20 Assoc Prof Karen Ginn - Shoulder Instability - Re-evaluating the Role of the Rotator Cuff

9.45 Panel Discussion

10.00 Morning Tea

10.30 Rotator Cuff Session

Mark Kenna - Current Tendon Management Principles

10.55 Joel Werman - Management Algorithm for Rotator Cuff Pathology

11.20 Dr Kevin Huang - Surgical Management of Rotator Cuff Pathology

11.45 Panel Discussion

12.00 Lunch

12.45 Elbow Session

Prof Bill Vicenzino and Dr Leanne Bisset - Lateral Epicondylalagia: Current Research and Clinical Implications

1.45 Transition to Workshops

2.00 Workshops - Physiotherapy Department RBWH

Workshop 1 - Aquatic Physiotherapy - Dr Sally Hess

Workshop 2 - Scapula Dyskinesia - Joel Werman

Workshop 3 - High Level Shoulder Conditioning - Assoc Prof Bruce Rawson

2.45 Workshop rotation

3.30 **Debrief**