

## with sue johnson @ prana house (now air-conditioned)

nurture your mind, body and spirit in the 2012 summer..... enjoy a weekend of singing for good health, energy, fun and connection – at this stunningly beautiful wellbeing and yoga sanctuary



experience singing in a group under the skillful and encouraging direction of sue johnson (from coco's lunch)

enjoy the rich layering of sound and rhythm, chants and songs in harmony..... ability to read music is not necessary

## dates/times

fri 20<sup>th</sup> jan registration 6.30pm-6.55pm singing 7pm-8.30pm sat 21st jan 10am-3pm sun 22nd jan 10am-4pm

**prana house** 1/885 high st thornbury trams run along high st and stop at the doorstep of prana house (route 86 stop 41). thornbury railway station is a 3 min walk away melways ref 3, F4

byo water bottles, lunch, snacks tea and coffee provided

full \$225 early bird \$185 concession \$185 early bird rate ends 31<sup>st</sup> dec 2011 bookings essential, deposit of \$85 to secure a place: email songs@herwork.net or text/ph 0423 930 941